

# COVID-19 Protocols 2021/22 Season

On September 13, 2021 the Board of Directors for Leduc Curling Club (LCC) voted to adopt the following COVID-19 protocols. These protocols will be in effect until the Government of Alberta (GOA) COVID-19 protocols are updated. At this time the GOA does not require proof of vaccination. If the GOA decides to implement a proof of vaccination, LCC will require the same of its membership. If the season has not started, and members choose not to curl, a refund less \$20 for administration fees will be provided. If the season has started, members will be required to provide proof of vaccination in order to continue curling in our leagues. If members choose not to provide that information, your fees will not be refunded.

LCC continues to cooperate with the GOA with respect to the ongoing pandemic. To further our commitment to the safety of our membership we continue to mandate that the following measures remain in place until further notice:

1. LCC are following the current mandates of the GOA
  - a. **Masks are mandatory in all indoor public spaces and workplaces.**
  - b. **Employees must wear masks in all indoor work settings, except while alone in work stations.**
  - c. **Masks are not required while participating in a physical fitness activity, performance activity.**
2. LCC will continue with the following protocols
  - a. **Masks** must be worn in the Leduc Recreation Centre (LRC) including LCC locker rooms. You are welcome to remove your mask in the arena depending on your comfort level.
  - b. **Physical distancing** has proven to be one of the most effective ways to reduce the spread of illness during an outbreak. We encourage physical distancing while in the LRC as well as on the ice.
  - c. **Good Hygiene** requires that you wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based sanitizers or sanitizing wipes. Both of these products will be available at each end of every sheet of ice. Avoid touching your eyes, nose and mouth. Cough and sneeze into the bend of your arm.
  - d. **Cleanliness** continues to be a top priority. LCC will have a scheduled daily cleaning and disinfection of common areas and high traffic surfaces. Each cleaning will be logged and posted in a public location.
    - i. Curlers will be required to sanitize their hands before entering and after exiting the ice surface.
    - ii. Curling rocks and scoreboards will be disinfected before each new use.
    - iii. Participants will only use their designated rocks to avoid cross contamination.
    - iv. Curlers are recommended to use a brush or gloved hand to clean their rock. The use of a bare hand is **not** encouraged.
    - v. One person keeps score for both teams. Gloves are recommended for keeping score. The use of bare hands to keep score is **not** encouraged.
  - e. **STAY HOME if you are sick.**
  - f. **Entering the LRC will be through the EAST ENTRANCE.**

- g. **Entering the ice surface** will be restricted to the following process:
  - i. Sheets 1-4...enter through the door at Sheet 1, exit through the door behind Sheet 4
  - ii. Sheets 5-8...enter through the door at Sheet 8, exit through the door behind Sheet 5
- h. **Arrive** no earlier than 15 minutes prior to your draw time.
- i. **Staggered draw times** will require teams assigned to sheets 3-6 to enter the arena first. Teams assigned to sheets 1, 2, 7 & 8 will enter 15 minutes later.
- j. **Two sweepers** will be allowed to sweep in accordance with curling rules.
- k. **Instead of shaking hands** before and after the game, please wave, nod or raise your brooms.
- l. **Instead of a coin toss**, please use “rock/paper/scissors”, stopwatch (odd/even) etc.
- m. **If a stone requires measuring** teams will have two options:
  - i. Thirds can decide by “rock/paper/scissors”, stopwatch (odd/even)
  - ii. One of the thirds may measure the rocks with the measuring stick, **making sure that the third that measures cleans the measuring stick after every use.**
- n. **Moving rocks after the completion of an end** should be facilitated by using your brooms or your feet. Players are **NOT** to touch the handles of the rocks.
- o. **At the completion of the game**, the winning team will push the rocks to the rock boxes at the end in which play was completed, even if it’s not the same end where the game began. Teams are not responsible for moving the rocks back to the home end.

### **Staff Health Checks**

LCC staff and volunteers will perform a daily Self-Assessment Health Check when they report for their shift. Staff members and volunteers will not be permitted to come to LCC if they are experiencing any COVID related symptoms or have been in contact with a confirmed COVID case in the previous 14 days.

### **Alberta Health Safety Checklist for Members**

LCC members will perform a daily Self-Assessment Health Check prior to each game. Members will not be permitted to come to LCC if they are experiencing any COVID related symptoms or have been in contact with a confirmed COVID case in the previous 14 days.

### **Rapid Response Plan**

If someone at LCC exhibits commonly known signs or symptoms of COVID-19 then LCC staff have been instructed to follow these steps:

1. The person in question should be wearing a face covering and should sanitize their hands.
2. The person in question will be isolated from others.
3. The person will be asked to safely leave the facility and should arrange for a safe ride home that does not involve public transportation or a taxi.
4. The person will be advised to contact AHS when they arrive home.

**This document is meant to complement, not replace local public health and recreation facility advice.**